

# **Welcome Dripping Springs Football NFL FLAG Coaches**

Don't forget to utilize your coach member tools and resources that are included with your USA Football membership.

(DSFB, Registered NFL FLAG coaches receive a free membership to USA Football. Be a better coach and enjoy your time with your athletes by utilizing the Football's online tools and resources)

### **Developing a Dripping Springs Football Culture**

Please remember to use the resources available to create a consistent approach to teaching and playing football. DSFB wants to encourage a culture of:

### Fun, Sportsmanship, Teaching/Learning, Integrity, Involvement & Safety

By following these principles and utilizing the coaching resources we can, over time, ensure the kids are being taught key fundamentals, sportsmanship, and a culture that honors the game of football.

## **Coach Member Tools & Resources:**

**DRILLS LIBRARY - Run a better, safer practice.** The online Drills Library provides USA Football coach members access to a large library of practice drills broken down by position. Summaries have been provided to identify the required equipment, time allotment and number of players needed for each drill. And we have made learning drills easier with engaging 2D and 3D animations. The Drills Library enables coaches to view drills online and print them too.

Drills include: Warm-up | Speed | Offense | Defense | Special Teams

## **Practice**

# Planner - Improve the quality of your practices

USA Football's Practice Planner is an online tool enabling coaches to develop their daily practice plans more efficiently. It gives coaches the ability to create, print and email detailed practice schedules to other coaches, players and parents. In just a few clicks, coaches can assign responsibilities, schedule warm-up periods, select plays and even integrate selected drills from the Drills Library.

Start developing your practice plans more efficiently with USA Football's Practice Planner and improve your practices.

Rule Book Will be furnished each season by a DSFB league representative, please be sure to familiarize yourself with the current season rulebook.

# **Game Day Print Center**

Easy to use tools **for rosters**, **depth charts & wristbands** All three tools assist flag football coaches with organizing and printing their rosters, depth charts and quarterback wristbands. The Game Day Print Center is only available to USA Football members.